

SCHWIERIGKEIT =



MUSTER

VERWENDETE MUSTER

ABKÜRZUNGEN

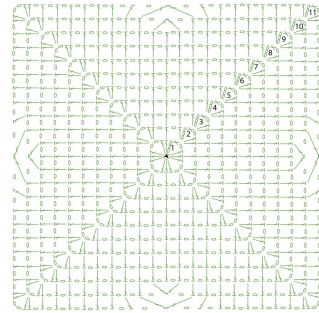
GRÖSSEN

ANLEITUNG

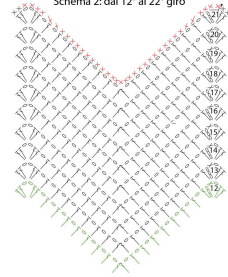
FOTOGALERIE



Schema 1: dal 1° all'11° giro



Schema 2: dal 12° al 22° giro



- Legenda
- ▲ inizio
 - laterella
 - m. bassissima
 - ↑ m. alta
 - ∧ 2 m. alte chiuse ins.