

NORDICA UNISOCKS 4 PLY SOCKS

DIFFICULTY = Hard

YARN: [UNISOCKS 4 PLY](#) by **Laines du Nord**, 1 ball x 100 g in each of following colors: col 1 (natural white), col. 4 (yellow), col. 12 (dark blue).

DOUBLE POINTED NEEDLES: 2.0 mm and 3.0 mm (or alternatively 2.25 mm and 3.25 mm).

OTHERS: darning needle, pins, scissors, stitch markers.



NOTE: each foot is different, so be sure to assess the foot shape you are knitting for. If working for a high instep, cast on one or two sizes larger and work the number of cm that matches the length of the intended size.

SAMPLE

TENSION

10 x 10 cm = 32 stitches and 40 rounds in plain stockinette stitch in the round, using size 2.0 mm and 3.0 mm double pointed needles

10 x 10 cm = 34 stitches and 36 rounds in jacquard stockinette stitch in the round, using size 2.25 and 3.25 mm double pointed needles

It is very important to check your gauge and measure the tension correctly to achieve the same results and measurements as the pattern.

If the gauge is different, try adjusting the needle size up or down by half a size until you get the correct measurement.

POINTS USED

STITCHES USED

1x1 rib in the round: * (k1, p1) rep until the end of the round *, rep ** across every round until reaching the length indicated.

Stockinette stitch in the round: knit all rounds

Stockinette stitch flat:

R 1 (RS): knit

R 2 (WS): purl

Jacquard

Work all motifs of the diagram in jacquard stockinette stitch in the round. Move the unused yarn on the back of the work, making sure to have the same tension (not too tight and not too loose). Pay attention to the division between background color and foreground color as indicated below:

Diagram 1 (jacquard motif of the leg)

Round 1 to 17: natural white is the foreground color.

Round 18 to 36: yellow is the background color.

Round 37 to 52: natural white is the background color.

Diagram 2 (jacquard motif of the instep): natural white is the background color.

Diagram 3 (jacquard motif of the sole): natural white is the background color.

ABBREVIATIONS

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RS = right side of work

WS = wrong side of work

SM = stitch marker

BOR = beginning of round marker

r = row(s)

st(s) = stitch(es)

col = color

k = knit

decr = decrease(s)

rep = repeat

rep** = repeat from * to *

p = purl

fol = follow / ing

k tbl = knit through back loop (Insert right-hand knitting needle into the next stitch on the left-hand knitting needle through the back loop)

skp = slip 1, knit 1, pass slipped stitch over

k2tog = knit 2 together (insert the right-hand knitting needle into next 2 stitches on the left-hand knitting needle and knit them together).

p2tog = purl 2 together (insert the right-hand knitting needle into next 2 stitches on the left-hand knitting needle and purl them together).

M1 = make one (lift the horizontal strand between two stitches with the left needle and knit it through the back loop).

bind off = bind off using the skp technique.

MEASURES

SIZES: 36/37; 38/39; 40/41; 42/43; 44/45

PROCEDURE

DETAILED PATTERN INSTRUCTIONS

Band

Using the salmon col and smallest size needles, cast on 60; 60; 64; 64; 68 sts and distribute them on the double-pointed needles evenly, i.e.

15; 15; 16; 16; 17 sts on each needle, then close in the round; the round closing corresponds to the center of the back. Work 16; 18; 18; 20; 20

rounds in 1x1 rib; at last knit 1 round, increasing 0; 2; 2; 4; 4 sts uniformly; there are 60; 66; 66; 72; 72 sts.

Leg

Using biggest size needles, work in jacquard stockinette st foll the diagram 1 from round 1 to round 52. At last cut and fasten off the natural white and yellow yarns.

Heel

Using the smallest size needles and dark blue yarn, distribute the sts onto the 4 needles (1st, 2nd, 3rd and 4th) as foll:

60 stitches: 16 sts on 1st needle, 14 sts on 2nd needle, 15 sts on 3rd needle, 15 sts on 4th needle.

66 stitches: 18 sts on 1st needle, 15 sts on 2nd needle, 16 sts on 3rd needle, 17 sts on 4th needle.

72 stitches: 19 sts on 1st needle, 17 sts on 2nd needle, 18 sts on 3rd needle, 18 sts on 4th needle.

Work the side of the heel on the sts of the 4th and 1st needle (= 31; 35; 35; 37; 37 sts) in back-and-forth rows (or flat), as foll:

R 1 (½ forth row): knit.

R 2 (back row): k3, purl until 3 sts from the end, k3.

R 3: k3, k1, * slip 1 st p-wise with yarn in back of work *, rep** until 4 sts from the end, k4.

Work from r 1 to r 3 once, then rep the r 2 and r 3 (12; 13; 13; 14; 14) times, at last work the r 2 (= back r). On the sides there are 14; 15; 15; 16; 16 garter ribs.

Continue in back-and-forth rows.

R 1 (forth row): knit until 1 st after the central st (= 15; 17; 17; 18; 18) sts of the heel side, skp, k1, turn.

R 2 (back row): slip 1 st p-wise, p4, p2tog, p1. Turn.

R 3: slip 1 st k-wise, k5, skp on slipped st of the previous back row and the next st, p1, turn.

R 4: slip 1 st p-wise, p6, p2tog on slipped st of previous forth row and the next st, p1, turn.

Always repeat rows 3 and 4, so that the heel shape increases by 1 stitch. After working all the sts following the motif, the last half forth row completes the heel."

Foot

Continue using the biggest size needles and complete the central piece of the heel knitting the dark blue sts on the second half of the heel sts, pick up 14; 15; 15; 16; 16 sts on dark blue side of the heel and k1-tbl, M1 and then to the next st. Now for foot shaping (instep and sole), resume working in the round as foll: using the biggest needles, work on 29; 31; 31; 35; 35 sts of the second and third needle (= instep) foll the diagram 2 (for the chosen size), beginning from the 2nd row of the diagram. Continue working M1 with dark blue, then pick up 14; 15; 15; 16; 16 sts on the other side edge of the heel, according to the colors of the diagram 3, beginning with the st before the repetition module and continuing repeating the module. Work in stockinette st following the diagram 3 on 31; 35; 35; 37; 37 sts of the fourth and first needle. Work from r 2 to r 8 of the diagram once, then rep from r 1 to r 8 of the diagram. At the same time rep the 8 rows of diagrams 2 and 3. For gusset shaping, decrease across every second r (with dark blue yarn): k2tog on last 2 sts of first needle and k2tog-tbl on the first 2 sts of the fourth needle.

There is a dark blue line that divides the instep motif.

Work the gusset decreases until there are 60; 66; 66; 72; 72 sts (of which 31; 35; 35; 37; 37 for the sole and 29; 31; 31; 35; 35 for the instep),

then work the remaining sts following the diagram. 3. Continue without decrease until the foot measures 18,5; 20; 21; 22; 22,5 cm and end with r 1 or r 5 of diagram 2. If, after working row 1 or 5 of the diagram, you haven't reached the desired length, you can add a few extra rounds in dark blue.

Wedge toe

Work 60; 64; 64; 72; 72 sts using the smallest needles and dark blue yarn.

To move the beginning of the round to the center, under the sole of the foot, knit all

the stitches of the 4th needle (of the set of 4 needles used for working in the round). Now there are 15; 16; 16; 18; 18 sts on each of 4 needles. For “wedge toe” shaping, work 1 round with decr as foll:

Round 1 with decr: knit, working k2tog on second last st and third last st of the first and third needle, whereas work skp on second st and third st of second and fourth needle.

Rounds 2 to 4: knit. No decr.

Round 5: rep round 1.

Rounds 6 and 7: knit. No decr.

Round 8: rep round 1.

Rounds 9 and 10: knit. No decr.

Round 11: rep round 1.

Only for size 44/45: work 2 rounds without decr and 1 round with decr more.

For all sizes: work (1 round without decr, 1 round with decr) twice, then 1 round without decr and at last every next round with decr until there are 2 sts on each needle. Cut the yarn leaving a long tail then, using the darning needle, pass the tail through the remaining sts, pull the yarn

to tighten the sts, then hide it on WS. Work the second sock as given for first one.

Tip: if you are working for a high instep, cast on the st count for one size larger, but knit to the length of the intended size. This helps ensure the socks will go on and off comfortably.

FINISHING

Weave in all ends. Lightly dampen the socks and block them to shape until completely dry.

INSTRUCTIONS

One ball of each color is enough to make both socks.

Start working from the top edge (or cuff) down to the toe, working the jacquard motif as described below.

At the beginning or end of each round, place a BOR marker and move it upwards as you go.

PHOTOGALLERY



