

**DIFFICULTÉ** = Intermédiaire



ÉCHANTILLON

POINTS UTILISÉS

ABBRÉVIATIONS

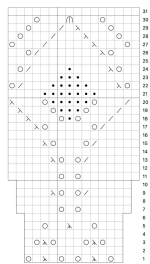
MESURES

PROCÉDURE

GALERIE PHOTOGRAPHIQUE



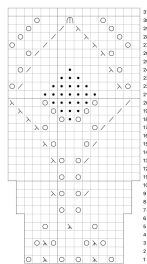
SCHEMA



LEGENDA

- dr
- r
- get
- zms
- sec
- scod
- pbisec

CHART



KEY

- K
- P
- YO
- k2TOG
- SKP
- SK2P
- 2tog-KP