

**DIFFICULTÉ** = Intermédiaire



ÉCHANTILLON

POINTS UTILISÉS

ABBREVIATIONS

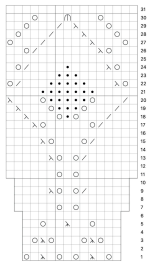
MESURES

PROCÉDURE

GALERIE PHOTOGRAPHIQUE



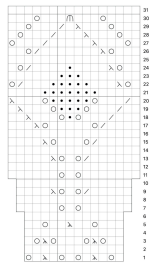
SCHEMA



LEGENDA

- dr
- p
- ⊗ get
- ⊗ rns
- ⊗ sec
- ⊗ scod
- ⊗ pblsec

CHART



KEY

- k
- p
- ⊗ YO
- ⊗ k2TOG
- ⊗ SKP
- ⊗ SK2P
- ⊗ 2tog-KP